



Have you Seen the Parlour Cookbook?

Modern British Food by Chef Jesse - £20 - Ask for a Signed Copy..

Fresh Soda Bread Rolls to Take Home for Later £1 Each

Perhaps even a Slab of 'Back Door' Smoked Salmon?

Homemade Lemon Verbena Barley Water 3.50

Fresh Juices, from Orange to Something a Little More Funky..

Smashed Avocado & Toasted Lazy Bread.. 7.50 Bit More w/ Eggs?

The (No Subs) Full Parlour Breakfast 13.75

..we also offer a Full VEGGIE Breakfast 13.75

..with Free Reign on the Toast-Your-Own-Yesterday's Bread Station

Chestnut Hummus with Rosemary Pitta Bread 6.50

McTucky's Popcorn Chicken Nuggets 6.50

Fish Soup with Prawn(less) Crackers & 'Caviar' 8.00

English Spinach & Potato Soup 6.50

Blue Cheese Custard with Lots of Bits to Dip 8.50

Salad of Herbs & Lettuces with Lemon Dressing 6.50/10.50

Butternut Squash, Crispy Cheese & Seed Salad 8.00/12.50

Steak Tartare, Pickled Carrots & Mustard 9.50/15.50 Lg w/Chips

Duck Liver Profiteroles with Blackberry Sauce 8.50

'Back Door' Smoked Salmon & That Soda Bread.. 12.50

..with Scrambled Eggs perhaps ..13.50

Chicken Kyiv 18.00

Cow Pie, *with or without..* 18.50

Fillet of Sea Bass with Green Sauce & Not Much Else 13.00

Cod Fillet with Spinach, Mushrooms & White Wine Sauce 19.00

Sweetcorn & Mushroom Ragout with Baked Semolina & Broccoli 15.00

Three-Cheese-Macaroni-Cheese 9.50

..with Spinach, Mushrooms, Smoked Salmon or Smoked Bacon 10.50

A Seasonal Lunch Perhaps?

Freshly Baked Soda Bread & Lancashire Farmhouse Butter

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Pickled Herrings, Olive Oil, Radishes & Bulls Blood Lettuce

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Red Legged Partridge with Bubble & Squeak, & Chestnut Stuffing

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Brillat Savarin - Pasteurised Triple Cream 'Brie Style' Cheese

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Frozen Chocolate & Cherry Terrine with Hot Tiny Doughnuts

2 Courses £15 - 3 Courses £18 - 4 Courses £21

Soda Bread, Soup & Salad £5

12-4.30pm Weekdays

Our Wonderful Fish Soup or Spinach & Potato Soup

A discretionary service charge of 12.5% will be added to food bills

Filtered Peckham Spring Water £0 - Filtered Bottomless Gazzy Peckham Spring £2.50

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