



Welcome to Parlour!

Coffees; Cortado to Cappucino - Teas; Darjeeling to Dorset
Fresh Juices, from Orange to Something a Little More Funky..

All Day Breakfast & Brunch

Smashed Avocado & Toasted Lazy Bread.. 7.50 Bit More w/ Eggs?
'Back Door' Smoked Salmon & That Soda Bread 12.50 w/ Eggs 14.50

The (No Subs) Full Parlour Breakfast 13.75

Less Intimidating is the 'Half Nelson' 9.75

We also offer a Full **VEGGIE** or even a Full **VEGAN** Brekkie 13.75

..with Free Reign on the Toast-Your-Own-Yesterday's Whole/GF & VG Bread Station

Sharing Snacks

Chestnut Hummus with Rosemary Pitta Bread 6.50

Colonel McTucky's Popcorn Chicken Nuggets 6.50

Blue Cheese Custard with Lots of Bits to Dip 8.50

Parlour Favourites

Fish Soup with Prawn(Less) Crackers & 'Caviar' 8.00

A Proudly British Tomato & Basil Salad 7.00

Jolly Asparagus with Lemon, Sour Cream & Fried Bread 7.50

Funky Green Salad of Herbs & Lettuces & a Lemon Dressing 6.50

Steak Tartare, Pickled Carrots & Mustard Seeds 9.50/15.50lg W/Chips

Duck Liver Profiteroles with Gooseberries 8.50

'Back Door' Smoked Salmon & That Soda Bread 12.50 w/ Eggs 14.50

Chicken Kyiv, Hash Brown & Coleslaw 18.00

'Desperate Dan's' Famous Cow Pie, *with or without..* 18.50

Baked Mackerel with Gooseberries, Spinach & Elderflower 17.00

English Asparagus, 'Fried' Posh Egg, Jersey's & Mushrooms 17.00

Three-Cheese-Macaroni-Cheese 9.50

..with Spinach, Mushrooms, Smoked Salmon or Smoked Bacon 10.50

A Beautiful Seasonal Lunch!

Freshly Baked Soda Bread & Lancashire Farmhouse Butter

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Cold or Hot Asparagus Soup with Marjoram

Crayfish Salad with Gooseberries, Cucumber & Rocket

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Hake with Peppers, Almonds & Grilled Onions

Sausage & Prune Pie with Mustard & Gem Lettuce

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Tymsboro' from Mary in Somerset - Remarkable Oat Biscuits

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Re/De/Cons/Tructed Elderflower Cheesecake

Parlour's Classic The Arctic Roll - Lots of Funky Flavours

All dishes can also be ordered separately

2 Courses £15 - 3 Courses £18 - 4 Courses £21

Soda Bread, Cuppa Soup & Salad £5 12-4.30pm Weekdays

A discretionary service charge of 12.5% will be added to food bills