



## Welcome to Parlour!

Coffees; Cortado to Cappucino - Teas; Darjeeling to Dorset  
Fresh Juices, from Orange to Something a Little More Funky..

### All Day Breakfast & Brunch

Smashed Avocado & Toasted Lazy Bread.. 7.50 Bit More w/ Eggs?  
'Back Door' Smoked Salmon & That Soda Bread 12.50 w/ Eggs 14.50  
**The (No Subs) Full Parlour Breakfast 13.75**  
Less Intimidating is the 'Half Nelson' 9.75

We also offer a Full VEGGIE or even a Full VEGAN Brekkie 13.75  
*..with Free Reign on the Toast-Your-Own-Yesterday's Whole/GF & VG Bread Station*

### Sharing Snacks

Chestnut Hummus with Rosemary Pitta Bread 6.50  
Colonel McTucky's Popcorn Chicken Nuggets 6.50  
Blue Cheese Custard with Lots of Bits to Dip 8.50

### Parlour Favourites

Fish Soup with Prawn(Less) Crackers & 'Caviar' 8.00  
A Proudly British Tomato & Basil Salad 7.00  
Funky Green Salad of Herbs & Lettuces & a Lemon Dressing 6.50  
Steak Tartare, Pickled Carrots & Mustard Seeds 9.50/15.50Lg w/Chips  
Duck Liver Profiteroles with Gooseberry Sauce 8.50  
'Back Door' Smoked Salmon & That Soda Bread 12.50 w/ Eggs 14.50  
Chicken Kyiv, Hash Brown & Coleslaw 18.00  
'Desperate Dan's' Famous Cow Pie, *with or without..* 18.50  
Roasted Hake with Peppers, Almonds & Lemon 18.50  
Summer Stew of Broad Beans, Peas & Beech Mushrooms 17.00  
Three-Cheese-Macaroni-Cheese 9.50  
*..with Spinach, Mushrooms, Smoked Salmon or Smoked Bacon 10.50*

### A Beautiful Seasonal Lunch!

Freshly Baked Soda Bread & Lancashire Farmhouse Butter

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Cold Tomato & Soda Bread Soup with Basil & Olive Oil

Crispy Cheese Cigar with Cranberries, Apple & Celery

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Sea Bream with Roasted Courgettes Green, Yellow & Marjoram

Pork Belly with Runner Beans & a Smoked Bacon Dressing

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Mary's Tymsboro' from Somerset - Remarkable Oat Biscuits

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G-A-Y PRIDE Rainbow Cake with Snap, Crackle & Pop

Parlour's Classic The Arctic Roll - Lots of Funky Flavours

*All dishes can also be ordered separately*

**2 Courses £15 - 3 Courses £18 - 4 Courses £21**

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**Soda Bread, Cuppa Soup & Salad £5 12-4.30pm Weekdays**

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A discretionary service charge of 12.5% will be added to food bills