



Welcome to Parlour!

Daily Dose ~ Wonky Veg ~ *Organic* ~ Cold Pressed Juices 4.50

Fresh Juices, from Orange to Something a Little More Funky..

All Day Breakfast & Brunch

Smashed Avocado & Toasted Lazy Bread.. 7.50 Bit More w/ Eggs?

'Back Door' Smoked Salmon & That Soda Bread 12.50 w/ Eggs 14.50

The (No Subs) Full Parlour Breakfast 13.75

Less Intimidating is the 'Half Nelson' 9.75

We also offer a Full **VEGGIE** or even a Full **VEGAN** Brekkie 13.75

..with Free Reign on the Toast-Your-Own-Yesterday's Whole/GF & VG Bread Station

Sharing Snacks

Chestnut Hummus with Rosemary Pitta Bread 6.50

Tempus Charcuterie' Salami, made by our Local Jack Prince 7.50

Colonel McTucky's Popcorn Chicken Nuggets 6.50

Blue Cheese Custard with Lots of Bits to Dip 8.50

Parlour Favourites

Fish Soup with Prawn(less) Crackers & 'Caviar' 8.00

Carrot Salad with Hazelnuts, Yoghurt & Tarragon 7.50

Funky Green Salad of Herbs & Lettuces & a Lemon Dressing 6.50

Steak Tartare, Pickled Carrots & Mustard Seeds 9.50/15.50Lg w/Chips

Duck Liver Profiteroles with Crab Apple Jelly 8.50

'Back Door' Smoked Salmon & That Soda Bread 12.50 w/ Eggs 14.50

Chicken Kyiv, Hash Brown & Coleslaw 18.50

'Desperate Dan's' Famous Cow Pie, *with or without..* 18.50

Baked Hake with Hazelnuts, Watercress & Olive Oil 18.50

Roasted 'Autumnal' Squash, Baked Semolina & Swiss Chard 17.00

Three-Cheese-Macaroni-Cheese 9.50

..with Spinach, Mushrooms, Smoked Salmon or Smoked Bacon 10.50

A Beautiful Seasonal Lunch!

Freshly Baked Soda Bread & Lancashire Farmhouse Butter

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Broccoli Soup with Almonds & Olive Oil

Hot Toasted Crumpet with Smoked Salmon & Cucumber

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Steamed Whiting with Prawns, Egg & Buckwheat

Lamb Kofta with Barley, Mint & Sour Cream

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OFM Prize Winning Tymboro' from Mary with Oat Biscuits

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Lemon Posset with Bramley Apples & Blackberries

Parlour's Arctic Rolls - Lots of Funky Flavours ~ *Choose 2*

All dishes can also be ordered separately

2 Courses £15 - 3 Courses £18 - 4 Courses £21

Soda Bread, Cuppa Soup & Salad £5 12-4.30pm Weekdays

A discretionary service charge of 12.5% will be added to food bills