



## Welcome to Parlour!

### Mulled Wine for Breakfast! Mulled Wine for Lunch?

Daily Dose - Wonky Veg - *Organic* - *Cold Pressed Juices* 4.50  
Fresh Juices, from Orange to Something a Little More Funky..

## All Day Breakfast & Brunch

Smashed Avocado & Toasted Lazy Bread.. 7.50 Bit More w/ Eggs?  
'Back Door' Smoked Salmon & That Soda Bread 12.50 w/ Eggs 14.50

### The (No Subs) Full Parlour Breakfast 13.75

Less Intimidating is the 'Half Nelson' 9.75

We also offer a Full VEGGIE or even a Full VEGAN Brekkie 13.75  
..with *Free Reign on the Toast-Your-Own-Yesterday's Whole/GF & VG Bread Station*

## Sharing Snacks

Chestnut Hummus with Rosemary Pitta Bread 6.50  
'Tempus Charcuterie' Salami, made by our Local Jack Prince 7.50  
McTucky's Festive Popcorn Turkey Nuggets 6.50  
Blue Cheese Custard with Chicory & Radishes 8.50

## Parlour Favourites

Fish Soup with Prawn(less) Crackers & 'Caviar' 8.00  
Funky Beetroot Salad with Cream Cheese & Toasted Nuts 7.50  
A Beautiful Green Salad of Herbs & Lettuces & a Lemon Dressing 6.50  
Steak Tartare, Pickled Carrots & Mustard Seeds 9.50/15.50Lg w/Chips  
Duck Liver Profiteroles with Cranberry Sauce 8.50  
'Back Door' Smoked Salmon & That Soda Bread 12.50 w/ Eggs 14.50  
The Chrimbo Turkey Kyiv, Hash Brown & Coleslaw 18.50  
Parlour's Seasonal 'Reindeer' Pie, *with or without..* 18.50  
Baked Cod with Whipped Potatoes, Mushrooms, Spinach & Lemon 18.50  
Mrs Kirkham's Cheese Souffle with Jerusalem Artichokes 17.00  
Three-Cheese-Macaroni-Cheese 9.50  
..with *Spinach, Mushrooms, Smoked Salmon or Smoked Bacon* 10.50

---

## A Beautiful Seasonal Lunch!

Freshly Baked Soda Bread & Lancashire Farmhouse Butter

~  
Portobello Mushroom Soup with Sherry

Roasted Butternut Squash with Lemon, Seeds & Sprouts

~  
Lemon & Herb Fishcake with Carrot Spaghetti & Orange

Slow Roasted Pork with Apple Crumble, Carrot & Sage

~  
Mrs Kirkham's from Lancashire with Chutney & Oat Biscuits

~  
Local Medlar, Spanish Quince & Bramley Apple Jellies

Parlour's Arctic Rolls - Lots of Funky Flavours - *Choose 2*

*All dishes can also be ordered separately*

---

**2 Courses £15 - 3 Courses £18 - 4 Courses £21**

---

Soda Bread, Cuppa Soup & Salad £5 12-4.30pm Weekdays

---

A discretionary service charge of 12.5% will be added to food bills