



Allergens Key	
Vegetarian	V
Vegan	VG
Gluten Free	GF
Dairy Free	DF
Nut Free	NF

Sunday 10th March Weekday Seasonal Suppers £15! Come!

Bloody Mary 8.50 Or Bloody Shame, Much Bloody Cheaper...  
Fresh Juice! Kiwi, Apple & Mint 4.25

## All Day Breakfast & Brunch

'Back Door' Smoked Salmon & That Soda Bread 12.50 w/ Eggs 14.50 (NF)  
Smashed Avocado & Toasted Lazy Bread.. 7.50 Bit More w/ Eggs? (VG & NF)

**The (No Subs) Full Parlour Breakfast 13.75 (NF)**

Less Intimidating is the 'Half Nelson' 9.75 (NF)

We also offer a Full **VEGGIE** or even a Full **VEGAN** Brekkie 13.75 (NF)

*..with Free Reign on the Toast-Your-Own-Yesterday's Whole/GF & VG Bread Station*

## Sharing Snacks

Chestnut Hummus with Rosemary Pitta Bread 6.50 (VG)

Blue Cheese Custard with Lots of Bits to Dip 8.50 (GF)

Colonel McTucky's Popcorn Chicken Nuggets 6.50 (GF & NF)

Tempus Charcuterie' Salami Made By Our Local Jack Prince 7.50 (DF & NF)

## Parlour Favourites

Fish Soup with Prawn(less) Crackers & 'Caviar' 8.00 (NF)

Cauliflower Soup with Capers & Raisins 6.00 (VG, GF & NF)

Sea Kale, Lettuce, Blood Orange & Almond Salad 6.00 (VG)

A Beautiful Green Salad of Herbs, Lettuces & a Lemon Dressing 6.50 (VG & NF)

Pressed Terrine Of Slow Cooked Duck with Mushrooms & Quince Jam 6.50 (NF)

Steak Tartare, Pickled Carrots & Mustard Seeds 9.50/15.50Lg w/Chips (DF & NF)

Duck Liver Profiteroles with Yorkshire Rhubarb 8.50

'Back Door' Smoked Salmon & That Soda Bread 12.50 w/ Eggs 14.50 (NF)

The Chicken Kyiv, Hash Brown & Coleslaw 19.00 (GF & NF)

Desperate Dan's Cow Pie, *with or without..* 18.50 (NF)

he National Fish Pie - Made With Champagne & Smoked Salmon 15.00 (N

e Baked Mackerel with Monk's Beard & Yorkshire Rhubarb 18.50 (DF, GF

Three-Cheese-Macaroni-Cheese 9.50 (V & NF)

*..with Spinach, Mushrooms, Smoked Salmon or Smoked Bacon 10.50*

## The Great British Roast

**Sirloin of Shorthorn Beef & Fresh Horseradish 19.75 (NF)**

**Goosnargh Chicken Breast, Drum Stick & Stuffing 18.50 (NF)**

**Tamworth Pork With Bramley Apple Sauce 17.50 (NF)**

**'Bit of Everything' for those wanting to GO LARGE 21.50 (NF)**

**Nut Roast With Mushrooms & Green Sauce 15.50 (V)**

**Parlour's Posh Roast Platter, for 2-3 People 55.00 (NF)**

All Served with Roasties, Yorkshires, Carrots, Greens & Gravy

A discretionary service charge of 12.5% will be added to food bills

Filtered Peckham Spring Water £0 - Filtered Bottomless **Gazzy** Peckham Spring £2.50

