



Allergens Key	
Vegetarian	V
Vegan	VG
Gluten Free	GF
Dairy Free	DF
Nut Free	NF

28th July

QUIZ Night with Majella on 7th August

Bloody Mary 8.50 Or Bloody Shame, Much Bloody Cheaper...

Fresh Juice! Kiwi, Apple & Mint 4.25

## All Day Breakfast & Brunch

'Back Door' Smoked Salmon & That Soda Bread 12.50 w/ Eggs 14.50 (NF)

Smashed Avocado & Toasted Lazy Bread.. 7.50 Bit More w/ Eggs? (VG & NF)

**The (No Subs) Full Parlour Breakfast** 13.75 (NF)

We also offer a Full **VEGGIE** or even a Full **VEGAN** Brekkie 13.75 (NF)

*..with Free Reign on the Toast-Your-Own-Yesterday's Whole/GF & VG Bread Station*

## Sharing Snacks

Chestnut Hummus with Rosemary Pitta Bread 6.50 (VG)

Blue Cheese Custard with Lots of Bits to Dip 8.50 (GF)

Colonel McTucky's Popcorn Chicken Nuggets 6.50 (GF & NF)

Tempus Charcuterie' Salami Made By Our Local Jack Prince 7.50 (DF & NF)

## Parlour Favourites

Fish Soup with Prawn(less) Crackers & 'Caviar' 8.00 (NF)

Cold Almond Soup with Grapes & Basil 6.00 (VG & GF)

Raw Vegetable 'Ravioli' with Goats' Cheese 7.00 (V, GF & NF)

Tomato Salad with Samphire, Raspberries & Basil 8.50 (VG & NF)

A Beautiful Green Salad of Herbs, Lettuces & a Lemon Dressing 6.50 (VG & NF)

Steak Tartare, Pickled Carrots & Mustard Seeds 9.50/15.50Lg w/Chips (DF & NF)

Duck Liver Profiteroles with Yorkshire Rhubarb 8.50

'Back Door' Smoked Salmon & That Soda Bread 12.50 w/ Eggs 14.50 (NF)

The Chicken Kyiv, Hash Brown & Coleslaw 19.00 (GF & NF)

Desperate Dan's Cow Pie, *with or without..* 18.50 (NF)

Sea Bass with Lots of Lovely Green Things 18.50 (GF, DF & NF)

Three-Cheese-Macaroni-Cheese 9.50 (V & NF)

*..with Spinach, Mushrooms, Smoked Salmon or Smoked Bacon* 10.50

## The Great British Roast

**Sirloin of Shorthorn Beef & Fresh Horseradish** 19.75 (NF)

**Goosnargh Chicken Breast, Drum Stick & Stuffing** 18.50 (NF)

**Tamworth Pork with Apple Sauce** 18.50 (NF)

**Vegan Nut Roast, Mushrooms, Green Sauce & No Yorkie** 17.00 (VG)

**'Bit of Everything'** *for those wanting to GO LARGE* 21.50 (NF)

**Parlour's Posh Roast Platter, for 2-3 People** 55.00 (NF)

All Served with Roasties, Yorkshire, Carrots, Greens & Gravy

A discretionary service charge of 12.5% will be added to food bills

Filtered Peckham Spring Water £0 - Filtered Bottomless **Gazzy** Peckham Spring £2.50