



STAY SAFE - STAY CLEAN - SUPPORT YOUR LOCAL

All Day Breakfast & Brunch

Smashed Avocado & Toasted Lazy Bread 8.00 ... bit more w/ Eggs?
'Back Door' Smoked Salmon & 'That' Soda Bread 12.75 w/ Eggs 14.75
The (No Subs) Full Parlour Breakfast 14.95
We also offer a Full VEGGIE or even a Full VEGAN Brekkie 14.50
... *With free rein on the Toast-Your-Own Yesterday's Whole/GF & VG Bread Station.*

Sharing Snacks & Starters

Warm Roasted Home Spiced Peanuts - Salty Peanuts - Olives All 3.00
Chestnut Hummus with Rosemary Pitta Bread 6.50 (VGN)
Blue Cheese Custard with Lots of Bits to Dip 8.50
Colonel McTucky's Popcorn Chicken Nuggets 6.50
Broccoli Soup with Blue Cheese & Almonds 6.00
Fish Soup with Prawn(less) Crackers & 'Caviar' 8.00
A Beautiful Green Salad of Herbs, Lettuces & Lemon Dressing 6.75
'Back Door' Smoked Salmon & 'That' Soda Bread 12.75 w/ Eggs 14.75

Main Courses

Chicken Kyiv with Hash Brown & Coleslaw 19.50
Desperate Dan's Cow Pie, *with or without...* 19.50
10oz Paddock Park Shorthorn Sirloin Steak 27.00
Beetroot & Carrot Bake with Hazelnuts & Blood Orange (VGN) 15.00
Simple Grilled Salmon Fillet & Nothing Else 13.00
Three-Cheese-Macaroni-Cheese 9.50
... *with Spinach, Mushrooms, Smoked Salmon, or Smoked Bacon* 10.50

Puddings/Puds/Afters/Dessert

Or an Irish Coffee to finish you off? 7.20
VIP Salted Caramel Hot Chocolate 4.00
A Toasted Marshmallow Wagon Wheel 8.00
Hot Chocolate Pudding with Whipped Cream 6.00
The Last of the Yorkshire Rhubarb Jelly & Ice Cream 6.00
Bottle of Espresso, & a bowl of Vanilla Ice Cream (Affogato) 5.50
Bringing Back the **Arctic Roll!** 4.00/ Couple o' slices
The Classic Arctic Roll & lots of other funky flavours. Pls Ask!
DTC's (Dave the Cook's) Salted Caramel Chocolate Rolos 5.00

Great British Cheeses

Mrs. Kirkham's - Leagram Blue (Lancashire) - Goat's Cheese from somewhere
Selection with **OUR** Oat Biscuits & Sal's Fruitcake; or each! 11.00/ 6.50

A discretionary service charge of 12.5% will be added to food bills

@parlouruk on Twitter, Instagram & Somewhere on Facebook

Filtered Peckham Spring Water £0 - Filtered Bottomless **Gazzy** Peckham Spring £2.50

