



## SUMMER IN THE CITY!

**BRUNCH - LUNCH - Midday Until 4.30pm!**

### All Day Breakfast & Brunch

Smashed Avocado & Toasted Lazy Bread 8.00 ... bit more w/ Eggs?  
'Back Door' Smoked Salmon & 'That' Soda Bread 13.00 w/ Eggs 14.75  
**The (No Subs) Full Parlour Breakfast** 4.95  
We also offer a Full **VEGGIE** or even a Full **VEGAN** Brekkie 14.50  
*... with free rein on the Toast-Your-Own Yesterday's Whole/GF & VG Bread Station.*

### Sharing Snacks & Starters

Chestnut Hummus with Rosemary Pitta Bread 6.50 (VGN)  
Blue Cheese Custard with Lots of Bits to Dip 8.50  
Goats' Cheese, Blackberry, Celery & Apple Salad 7.50  
A Beautiful Green Salad of Herbs, Lettuces & Lemon Dressing 6.75  
Fish Soup with Prawn(Less) Crackers & 'Caviar' 8.00  
Late Summer Sweetcorn & Basil Soup 7.00 VGN Hot or Cold?  
Cuppa Soup & Salad with Our Famous Soda Bread 6.00  
A Paddock Farm Pork Pie, Bramely Apple Ketchup & Mustard 7.50  
Colonel McTucky's Popcorn Chicken Nuggets 6.50  
Duck Liver Profiteroles with Pistachios & Honey 8.50  
'Back Door' Smoked Salmon & 'That' Soda Bread 13.00 w/ Eggs 14.75

### Main Courses

Chicken Kyiv with Hash Brown & Coleslaw 19.50  
Desperate Dan's Cow Pie, *with or without...* 19.50  
Grilled Lamb Chop with Lots of Lovely Green Things 22.00  
10oz Short Horn Sirloin Steak, Bone Marrow Butter, Chips & Salad 27.00  
Kale Lasagne, Portobellos, 'Neeps & Hazelnuts 18.50 (VGN)  
Sea Bream Fillet with Sweetcorn, Beech Mushrooms & Spinach 19.50  
Poached Salmon, Potato Salad, Cucumbers, Sour Cream & 'Caviar' 19.00  
Oven-Baked-Three-Cheese-Macaroni-Cheese 13.50

### Puddings/Puds/Afters/Dessert

Or an Irish Coffee to finish you off? 7.20  
VIP Salted Caramel Hot Chocolate 4.00  
A Toasted Marshmallow Wagon Wheel 8.00  
Warm Blackberry & Apple Cake with Muscavado 'Iced Cream' 6.50 (VGN)  
Pember-Road-Vicky's-Giant-Grape-Macaron 6.00 (DF)  
Bottle of Espresso, & a Bowl of Vanilla Ice 'Cream' (Affogato VGN) 5.50  
**ARCTIC SARNIES** - Bubblegum, Peanut Butter, Classic, Mint Choc & VGN Coconut & Banana 3.50  
Bringing Back the **Arctic Roll!** 4.00/ Couple o' Slices  
*The Classic Arctic Roll & lots of other Funky Flavours. Pls Ask!*  
**DTC's (Dave the Cook's) Salted Caramel Chocolate Rolos** 5.00

### Great British Cheeses

Mrs. Kirkham's - Leagram Blue (Lancashire) - Goat's Cheese from Somewhere  
Selection with **Today & Yesterday's** Soda Bread! 11.00/ 6.50

A discretionary service charge of 12.5% will be added to food bills

**@parlouruk on Twitter, Instagram & Somewhere on Facebook**

Filtered Peckham Spring Water £0 - Filtered Bottomless **Gazzy** Peckham Spring £2.50